

# CAN NICKI MINAJ FILL JLO'S 'IDOL' SEAT? {page 10}

# metro®



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Min 65°

**NEW YORK**  
Tuesday, August 21, 2012

# Welcome to Brooklyn

# America's most dishonest place

**Marty Markowitz**  
Borough President

**Michael R Bloomberg**  
Mayor

- ▶ When they thought nobody was watching, only 61 percent of Brooklynites gave a dollar in exchange for iced tea
- ▶ Compare that to Salt Lake City, where 100 percent paid {page 04}



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## 1

## In the news

**Newborn baby abandoned**

Police are still looking for the parents who abandoned a newborn baby girl outside a housing project in Queens on Sunday night. A person walking by heard the crying baby at about 11:30 p.m., according to the Daily News. The baby, wrapped in sheets and a blanket, was found lying on a grassy area at the Woodside Houses, according to the News. The infant was found to be in good health. **METRO/CB**

## In the news

**Casino talks**

Despite Mayor Michael Bloomberg's comments yesterday against the idea of a casino being built on Coney Island, Borough President Marty Markowitz continued to demand full-scale gambling available on New York City's most famous beach. Markowitz said he has already started reaching out to state lawmakers in an effort to build a consensus. **METRO/CB**

# Brooklyn playground becomes battleground

► Dept. of Education converts old office building into center for suspended high school students  
► But it's located next to popular playground  
► Residents of trendy Prospect Heights say they are now worried about fights breaking out

Prospect Heights residents are frantically trying to stop a center for suspended high school students from opening in September, right next to a popular playground.

The center, once a New York City Department of Education office building, will house two academies for students serving both long- and short-term suspensions.

This site, at 355 Park Place, is one of 38 around the city and will provide instruction and counseling for the students.

As many as 70 students will attend the school. The kids have been suspended for periods ranging from 30 days to up to a year.

Sexual harassment, bullying, bomb threats and drug

and weapon possession are all grounds for suspension, according to the New York City school district discipline code.

Residents say the high school students would not mix well with the parents, nannies and young children who flock to Underhill Playground on the same corner.

"It seems like a recipe for tragedy," said Jason Orans, a film producer who often takes his 2-year-old to the playground. "The community is very, very alarmed."

Because the playground, described by one babysitter in the area as "very diverse," is the only public space in an otherwise residential area, Orans said the suspended teenagers might all hang out there and get into fights.

"They're going to be miserable when they come out at the end of the day, and maybe they're going to take it out on this neighborhood," Orans said.

But Marisa Cazanave, a teacher who works at a Prospect Heights school, disagreed.



► Children play at the Underhill Playground yesterday, with the Department of Education building seen in the background. The park is not affiliated with the DOE building.

## Space not adequate for students?

Others worry the space is inappropriate for educating students, said Councilwoman Letitia James, who represents the neighborhood.

Though students will be provided with lunch, the building will not have a kitchen. There will also be an exercise room and an area for a library.

Prospect Heights residents remember a far different neighborhood just 20 years ago. Murder in the area is down almost 90 percent since 1990, rape is down 77 percent and robbery is down 85 percent, according to statistics from the NYPD.

Today, instead of being known for crime and poverty, the neighborhood is celebrated for its sprawling green space, brownstone architecture and the soon-to-be-completed Barclays Center, located nearby.

She said the concerns are overblown.

"They're afraid of what they don't know, what they think might happen," Cazanave said of some in the neighborhood.

Marge Feinberg, a spokeswoman for the DOE, said staggered dismissals will prevent the entire student body from exiting simultaneously. Staff members will escort students to subway stops.

The center is scheduled to open on the first day of school this year, Sept. 6.

**METRO STAFF**  
letters@metro.us

## Broadway Week offers 2-for-1 tickets to shows

NEW YORK. "Mamma Mia," what a deal! Two-for-one tickets are available for 19 Broadway shows as part of the fourth annual Broadway Week. Tickets went on sale yesterday and are available for shows from Sept. 4-16. Some of the productions include "The Lion King," "Chicago," "War Horse," "Wicked," as well as last

**25** Nearby restaurants will offer ticket-holders free dessert with their ticket stubs. These restaurants include Ca Va Brasserie, Firebird Restaurant and Chez Josephine.

year's most talked-about musical, "Spider-Man: Turn Off the Dark." **METRO/BHS**



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## Cuomo announces new online voter registration

NEW YORK. Any New York resident with a state driver license, and a MyDMV account, can now save a stamp and register to vote online.

The DMV will now start using electronic signatures on file to prevent voter fraud. The new system will also eliminate the manual entry process for paper registration forms.

**64** percent of eligible New York residents are registered to vote. The state ranks 47th in voter registration.

The deadline to register in time for the November presidential election is Oct. 12.

**METRO/BHS**



# Rape victim reacts to Akin comments

Renee DeVesty was 19 years old when she was raped by her best friend's husband and another man she knew and trusted during a camping trip.

"I shut down," said DeVesty, who gave Metro permission to publish her name. "I was afraid of them. I thought it was my fault. I decided not to tell anyone and pretend it never happened."

But DeVesty was forced to confront the horror of being raped when, two months later, she found out she was pregnant. A Catholic, she struggled with the decision, but opted to abort the pregnancy.

Now 49 and living in Syracuse, N.Y., she said she felt sick to her stomach when she heard Rep. Todd Akin say yesterday a

**"There is no way someone who has to go through that horror of being raped can ... think, 'Now I am going to tell my body not to become pregnant.'"**

RENEE DEVESTY

woman's body can prevent pregnancy in cases of "legitimate rape."

"If it's a legitimate rape, the female body has ways to try to shut that whole thing down," Akin said in an interview.

"There is no way someone who has to go through that horror of being raped can legitimately in their head think, 'Now I am going to tell my body not to become pregnant,'" she said.



**CASSANDRA GARRISON**  
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## Women's groups react with anger

"This needs to be a wake-up call to American women," Sonia Ossoria, director of the National Organization for Women in New York, told Metro. "There has been a continued assault on our reproductive rights. We have got to show them who is boss."

DeVesty said she strongly disagreed with Akin's

comments.

"Where do we have control? Where is our say?" DeVesty asked. "The insinuation that it doesn't happen or we have some control over it is unacceptable."

Late yesterday, rumors were circulating that the GOP was preparing for Akin to announce his decision to step down from the election, though he had yet to confirm the claim.

# Pol apologizes, trying to backtrack

Akin has since apologized for the comments, saying he "mis-spoke," but the outcry has pundits speculating that he will likely withdraw from the Missouri Senate race.

"To say it's slim that it happens or to make them feel that they did something to create the pregnancy — that they didn't shut down their bodies — is re-victimizing them again," De-

**"If it's a legitimate rape, the female body has ways to try to shut that whole thing down."**

AKIN, IN AN INTERVIEW

Vesty said of victims of sex abuse. "I think he should be expelled from the running."

She's not alone in that sentiment.

Officials from the New York locations of prominent organizations like Planned Parenthood and the National Organization for Women expressed outrage over Akin's remarks.

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## Military. Pride



► The hub of activity this week is at the Intrepid Sea, Air and Space Museum.

PHOTO COURTESY OF JEREMY LOCK

## Air Force Week landing in NYC

Hundreds of members of the U.S. Air Force are in town this week for Air Force Week. There are military jet demonstrations, flyovers and a helicopter water rescue demonstration. Today, there will be U.S. Air Force displays from 10 a.m. to 5 p.m. at Pier 86, next to the Intrepid Sea, Air & Space Museum.



# Where are America's most

► Honest Tea releases results yesterday of first-ever National Honesty Index ► Boston, Chicago and Las Vegas all more honest than good old New York ► Within the five boroughs, Brooklyn is the least honest by far

Staten Island is more honest than Queens. Manhattan is more honest than Staten Island.

And Brooklyn is the least honest borough of all.

Those are the findings of an informal marketing "study" done by Honest Tea, the sweet tea company owned by Coca-Cola. From Aug. 8 through Aug. 19, Honest Tea erected more than 50 unmanned pop-up kiosks in 30 cities across the country, including several in New York.

The stands were stocked with drinks, and a jar asking for \$1, and payment was based on the honor system. The company wanted to see if people would pay when, ostensibly, nobody was watching. But digi-

## 'Colbert' fans are more honest

The audience waiting for "The Colbert Report" was 100-percent honest, while those in line waiting to see "The Daily Show" were only 80-percent honest, according to kiosks placed outside where both shows are filmed.



## Wall of shame

- Atlantic Terminal: 61 percent
- Venice Beach, Calif.: 76 percent
- Chelsea Piers, NY: 77 percent

tal tracking kept tabs on who gave and how often.

And, perhaps not surprisingly, many New Yorkers were happy to give up a buck in exchange for a drink.

Citywide, 92 percent of people stopping by put in money. Approximately 1,800 people

## Cities ranked

- Oakland, Calif., 100 percent
- Salt Lake City, Utah, 100 percent
- Boulder, Colo., 99 percent
- San Francisco, Calif., 97 percent
- Seaside Heights, N.J., 97 percent
- Boston, Mass., 96 percent
- Cincinnati, Ohio, 96 percent
- Galveston, Texas, 96 percent
- Las Vegas, Nev., 96 percent
- Washington, D.C., 95 percent
- Chicago, Ill., 94 percent
- New York, N.Y., 92 percent
- Portland, Ore., 92 percent
- Tempe, Ariz., 92 percent
- New Orleans, La., 91 percent



► This guy was part of the 97 percent of people on Wall Street who gave a dollar last Thursday in exchange for an iced tea.

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# honest people? Not in NYC



MILES DIXON/METRO

stopped by the Honest Tea booths. The booths were set up at Atlantic Terminal in Brooklyn, Queens Center Mall in Queens, Yankee Stadium in the Bronx, outside CitiField in Queens, Staten Island Mall and Chelsea Piers. There were stands on Wall Street, Madison Avenue and outside where "The Colbert Report" and "The Daily Show" are filmed.

About 10,000 people stopped by the kiosks across the country.

Manhattan was the most honest, with 94 percent of people there pitching in money, followed by Staten Island (92 percent), Queens (87 percent), and then the Bronx (85 percent).

Brooklyn lagged far behind all the other boroughs, with a

paltry 61 percent of people there putting up the cash.

And two spots in New York City made the bottom five for the fewest amount of donations: Atlantic Terminal, where someone also tried to steal some duct tape, and Chelsea Piers on the West Side.

**CARLY BALDWIN**  
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## Honesty by

### baseball fans

- ▶ **Boston fans:** 100 percent
- ▶ **San Francisco fans:** 97 percent
- ▶ **Washington, D.C. fans:** 93 percent
- ▶ **New York fans:** 83 percent

## New York's hardly the most truthful

New Yorkers are not the most honest people in the U.S., not by a long shot.

New York tied Portland, Ore., and Tempe, Ariz., for a meager sixteenth place in the survey.

Boston, Chicago and even Sin City have more honest residents than the five boroughs.

And in a particularly low

## Ranking the five

### NYC boroughs

- ▶ **Manhattan:** 94 percent
- ▶ **Staten Island:** 92 percent
- ▶ **Queens:** 87 percent
- ▶ **The Bronx:** 85 percent
- ▶ **Brooklyn:** 61 percent

blow, Boston baseball fans are more honest than New York baseball fans, the study found.

At an Honest Tea stand outside Fenway, 100 percent of fans on their way to a Red Sox game gave money. Compare that to only 83 percent of fans outside both Yankee Stadium and CitiField who gave money for the iced tea.

Oakland, Calif., and Salt Lake City, Utah tied for the number one spot, with 100 percent of people there happily giving a dollar.

Nationwide, 93 percent of people were honest. Women are

more honest than men, with 95 percent of women leaving a dollar compared to 91 percent of the male gender. Redheads are more honest than blonds and brunettes.

Honest Tea CEO Seth Goldman admitted the experiment wasn't exactly scientific.

"Though our experiment might not pass muster with a social scientist, the results present fascinating and fun insights about the American population," he said.



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## Augusta. Members



► Augusta National's membership policy has been an issue for years.

JAMIE SQUIRE/GETTY IMAGES

## Augusta admits first women

Augusta National Golf Club, home of The Masters golf tournament, yesterday said it has admitted two women as members for the first time: former U.S. Secretary of State Condoleezza Rice and financier Darla Moore. The Augusta, Ga., club's previous status as male-only has drawn criticism for years. Ahead of this year's Masters tournament, President Obama weighed in on the matter, saying through a spokesman that he believed women should be admitted. **REUTERS**

# GOP distance themselves from Akin rape remark

Mitt Romney and the chairman of the Republican platform committee worked to distance their party from a Missouri Senate candidate's remark that "legitimate rape" rarely leads to pregnancy.

The comment by Todd Akin, 65, a congressman who is running to oust one-term U.S. Sen. Claire McCaskill, a Democrat, quickly went viral on the Internet, sparking outrage from women's groups and

Democrats and prompting him to issue an e-mailed retraction.

Romney sought to separate his campaign from the remarks, telling National Review Online that Akin's comments were "insulting, inexcusable, and, frankly, wrong," the former Massachusetts governor said. "Like millions of other Americans, we found them to be offensive," he said.

Akin's comments are receiving attention in a campaign

where Republicans are seen as being hostile toward women. In the interview, Akin said abortion shouldn't be allowed in rape cases, in part because pregnancy was unlikely to result. "From what I understand from doctors, that's really rare," said Akin, who has served in the U.S. House since 2001. "If it's a legitimate rape, the female body has ways to try to shut that whole thing down." **BLOOMBERG**

BILL CLARK/CQ ROLL CALL/GETTY IMAGES



► Akin

## GOP lawmaker skinny-dipped on Israel trip

A group of Republican lawmakers and staff jumped into Israel's Sea of Galilee last

year after a night of dining and drinking, and one freshman congressman swam naked, Republican aides confirmed late on Sunday.

The incident, first reported by Politico on Sunday, was investigated by the FBI and led Republican leaders in the

House of Representatives to reprimand the 30 lawmakers on the privately funded trip.

Rep. Kevin Yoder stripped naked before jumping into the Sea of Galilee after dining and drinking at a waterside restaurant in the town of Tiberias, Politico reported,

citing more than a dozen sources, including eyewitnesses. Other participants, including the daughter of another congressman, swam fully clothed, while some lawmakers partially disrobed, Politico reported. **REUTERS**

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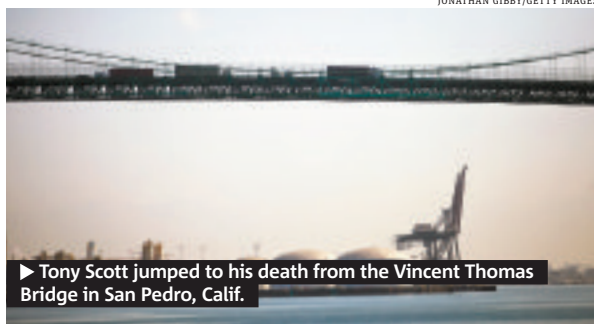
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# Brain cancer linked to Tony Scott suicide

JONATHAN GIBBY/GETTY IMAGES



► Tony Scott jumped to his death from the Vincent Thomas Bridge in San Pedro, Calif.

Investigators sought clues yesterday to what prompted British-born filmmaker Tony Scott to take his own life in Los Angeles, while much of Hollywood focused on an unconfirmed news report that he was suffering from brain cancer.

Scott, director of such blockbuster films as "Top Gun" and "Beverly Hills Cop II," jumped to his death on Sunday from a suspension bridge over Los Angeles Harbor, leaving behind a suicide note in his office and a list in his car of people to contact, the Los Angeles County Coroner's Office said.

Medical examiners were scheduled on Monday to perform an autopsy on Scott's body, which was recovered from the harbor nearly three hours after he jumped in, Assistant Chief Coroner Ed Winter



► Scott

said.

Results of the exam will likely be kept confidential until toxicology studies and other tests are completed, he said.

Winter said he had no information about the accuracy of an ABC News report, citing an unnamed source close to Scott, that said the filmmaker suffered from inoperable brain cancer. **REUTERS**

## Action director



► "Top Gun"

Born in northern England and frequently seen behind the camera in his signature faded red baseball cap, Scott is credited with directing more than two dozen movies and television shows and producing nearly 50 titles.

He built a reputation for muscular but stylish high-octane thrillers that showcased some of Hollywood's biggest stars in a body of work that dated to the 1980s and established him as one of the most successful action directors in the business.

Two of his biggest hits were the 1986 fighter jet adventure "Top Gun," which starred Tom Cruise as a hot-shot pilot, and the 1987 Eddie Murphy comedy "Beverly Hills Cop II."

Other directing credits include the 1990 racing drama "Days of Thunder," which also featured Cruise; the 1995 submarine thriller "Crimson Tide," co-starring Denzel Washington and Gene Hackman; and the 1998 spy thriller "Enemy of the State," which paired Hackman and Will Smith. The 2001 espionage drama "Spy Game" teamed Robert Redford with Brad Pitt.

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## News in brief

### Apple becomes most valuable company ever

**NEW YORK.** Apple Inc. became the most valuable public company of all time yesterday, after its market value climbed beyond \$620 billion to surpass a milestone set by Microsoft Corp. more than a decade ago.

Its shares were up 2.3 percent at \$662.73 in afternoon trade, after having gained more than 8 percent this month as Wall Street bets on the Sept. 12 rollout of the latest version of the iPhone, the device that revolutionized

METRO FILE PHOTO



the mobile industry.

Apple edged past the record of \$620.58 billion set by Microsoft in 1999 at the height of the tech bubble, according to data provided by S&P Dow Jones Indices. The data, however, did not take into account the impact of inflation. **REUTERS**

### Russian police pursuing other Pussy Riot members

**MOSCOW.** Russian police are hunting for more members of the Pussy Riot punk rock band, a spokeswoman said, signaling further pressure on the group despite an international outcry over jail terms for three women who protested in a church against Vladimir Putin.

Putin's critics condemned the court proceeding that yielded two-year prison sentences as part of a clampdown on a protest movement. **REUTERS**



# Beep, beep! It is your

Metro's worldwide survey on how our readers relate to technology produced results that paint a fascinating psychological profile. Most of us claim to be self-aware when it comes to how much we depend on our phones, tablets and social media websites, but our survey reveals another story. The survey results, compiled in Metro's Metropolitan Report, span more than 20,000 interviews in 25 cities across 21 countries.

## Picking a gadget

Every time a new Apple product comes on the market, you'll find a line of consumers outside stores worldwide, eager to be the first to buy. But here's a surprise — you aren't quite so eager. In fact, 48 percent of Metro readers chose a mobile phone based on price, and 53 percent chose a tablet

## 48%

of Metro readers chose a mobile phone based on price; 53 percent chose a tablet based on price.

based on price.

Maggie Reardon, senior writer at leading tech website Cnet.com, points to the success of the Amazon Kindle as evidence that price is the most important factor. "[The Kindle Fire] clearly doesn't have the same capabilities as an iPad, but people see it as a much more affordable alternative," she says.

## Tapped in

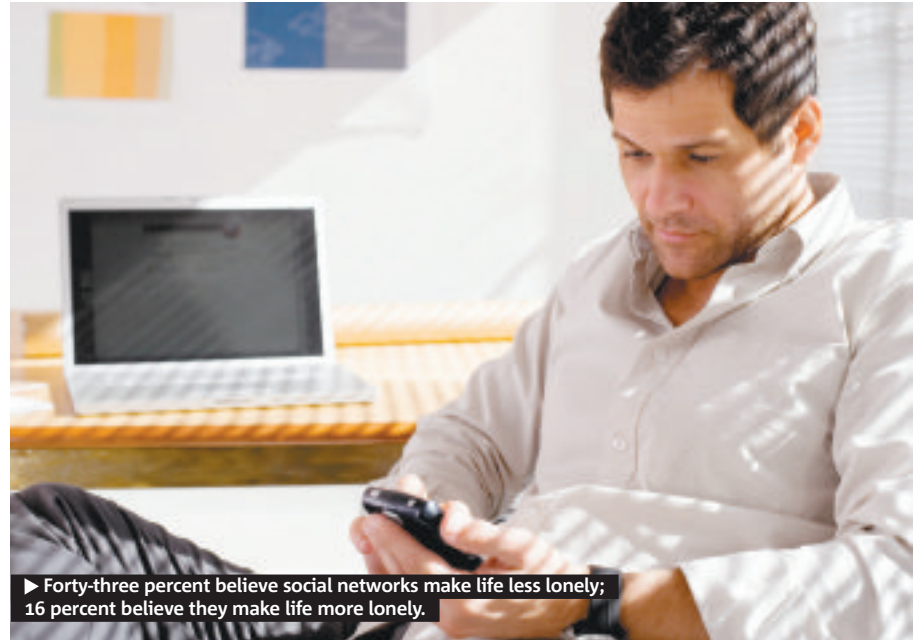
Above all, we stay connected. 51 percent of us become anxious if we haven't checked in to our social media websites

## 51%

of us become anxious if we haven't checked into our social media websites in over a day.

in over a day. Thirty-four percent claim to become anxious if they haven't accessed their cell phones in over a day; and yet, 64 percent answered that they did not feel as if they depended on their phones to manage everyday life. This points to our complex relationship to the technology we always have on hand.

Dr. Fleura Barhdi, professor of marketing at Northeastern University, remarked on the duality of our dependence on technology. "We like to think that we do not have to rely on technology, but this may not be the case," she says. "Most



GETTY IMAGES

► Forty-three percent believe social networks make life less lonely; 16 percent believe they make life more lonely.

## Nyack College Division of Adult Education

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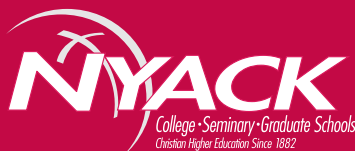
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# life calling

research finds that when we lose our phones, we express a sense of anxiety, disorientation and loss as if losing a good friend. ... At times they also serve as transitional objects — comforting objects in times of stress, anxiety or disorientation to help us feel safe."

## Sharing information

Metro readers know that sharing information online can be potentially dangerous. In fact, 80 percent of us claim to be

# 67%

**of us do not want to share our personal information with brands online.**

careful about what information we share online and 67 percent of us do not want to share our personal information with brands online. We may be right to exercise caution, but Reardon warns that we still might not actually be

doing so.

"That 80 percent is probably kidding themselves and they're sharing more information than they probably realize they're sharing," she says. "In terms of brands ... what they probably don't realize is that they've already passively given permission in many of the social networking sites that they're using and they don't realize it because they don't read the terms of use."



**METRO WORLD NEWS**  
letters@metro.us

METRO FILE PHOTO



► Sixty-one percent do not believe that accessing the Internet during their commute makes life bearable — but seventy-six percent agree that they would like to be able to access the Internet on their commute.

## Talking talk

We don't take any time off from using our personal gadgets. 46 percent of us have never taken a weekend off from using them. Perhaps that's why we find ourselves chatting about our personal lives in public. In May, the University of Tel Aviv found that smartphone

users are 70 percent more likely than regular cell phone users to believe that their phones afford them some privacy. According to Dr. Eran Toch of TAU's Department of Industrial Engineering, these users are more willing to talk about private issues in public places. He adds that they are also less concerned about

bothering individuals who share those spaces, according to ScienceDaily.com. Dr. Tali Hatuka, who also conducted the study, said that smartphones give the illusion of "private bubbles" around their users, allowing them to feel as though no one might be listening in to their conversation.

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# THE WORD



Metro's **Monica Weymouth** shares her take on the world of gossip [@monicaatmetro](#) [monica.weymouth@metro.us](mailto:monica.weymouth@metro.us)

## Nicki Minaj the latest 'Idol' judge

ALL PHOTOS: GETTY IMAGES



► All we want for Christmas is a list of Nicki Minaj's dressing room demands.

"American Idol" hasn't had any trouble replacing former judges **Steven Tyler** and **Jennifer Lopez** with high-profile stars. Shortly after **Mariah Carey** signed on, it looks like fellow professional diva **Nicki Minaj** will take a seat at the judges' table as well.

"I'm not sure the deal is completely done yet, but yes, she is definitely doing it," a show insider tells Us Weekly. "A few more slight things to

sign off on but it is happening."

Our hearts go out to the hair, makeup and pillow-fluffing crews at "Idol" during this difficult time.

### As long as they stay in Jersey

After **Snooki** and **JWoww** couldn't find a town to shoot their "Jersey Shore" spin-off in, Man-

chester generously took one for the team. But now, neighbors in the low-key Jersey suburb are complaining and attempting to stop production of "Snooki & JWoww," reports TMZ.

We feel you, Manchester, but as reluctant "Jersey Shore" experts, we think you're overreacting. These days, Snooks is about one Yankee candle away from landing a Lifetime series.

### LaBeouf in the buff

Popcorn darling **Shia LaBeouf** might be in a little over his head with his latest project, avant-garde director **Lars von Trier's** graphic "Nymphomaniac."

"There's a disclaimer at the top of the script that basically says, we're all doing it for real," LaBeouf tells MTV.com of the film's

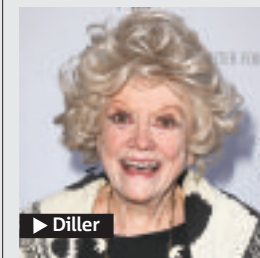
many sex scenes. "And everything that is illegal, we'll shoot in blurred images, but other than that, everything is happening. He's like the most dangerous dude that I've ever showed up for. I'm terrified. I'm so terrified."

You and everyone who made it through "Transformers: Revenge of the Fallen," Shia. You're in good, terrified company.

### Phyllis Diller passes away at 95

Comedian and actress **Phyllis Diller** died yesterday at the age of 95 in Los Angeles. She had recently suffered a fall and injured her hip, reports TMZ. Diller, who began her career in television in 1952, frequently collaborated with Bob Hope and is credited with paving the way for female comedians. She continued to work until recently, making cameo appearances and

performing standup in 2007 on "The Tonight Show." In 2005, Diller was one of many comedians to put her spin — quite successfully — on an infamous dirty joke in "The Aristocrats."



► Diller

### Come on, who let this guy in?

Country singer **Hank Williams Jr.** didn't hold back on his political views at a concert in Iowa on Friday night: "We've got a Muslim president who hates

farming, hates the military, hates the U.S. and we hate him!" he said to the audience, according to the Des Moines Register.

Hank, who let you all the way up here? Go back to Metro's letters page where you belong.



### The feed ...

► Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

#### @chriscolfer

Does anyone else imagine @DianeSawyer when they think of God? Maybe I just watch too much news.

#### @katyperry

Meditation is the new xanax.

#### @ConanOBrien

Should I be worried? My son just filed the serial number off his squirt gun.

#### @SethMacFarlane

I fear no man or thing the way I fear a bee in my car.



O'Brien



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## Red carpet hits and misses

**1** After her Sunday night show, **Jennifer Lopez** surfaced in Vegas to remind us that she looks like this when off the clock.

**2** Yes, **Cory Monteith**, **Lea Michele** does look pretty great in this dress. The "Glee" co-stars officially stepped out as a couple at the "Do Something" awards on Sunday.

**3** **Jake Gyllenhaal** and **Gwyneth Paltrow** had some weird, beachy, werewolf anti-chemistry at the premiere of their new film, "End of Watch."

**4** **Kelly Osbourne**'s cotton candy hair was looking super sweet at VH1's "Do Something" awards in Santa Monica on Sunday.

**5** Designer **Betsey Johnson**, 70, got way down in Los Angeles over the weekend.

1,5. CHRISTOPHER POLK/GETTY IMAGES  
2. ANGELA WEISS/GETTY IMAGES  
3. PAUL ZIMMERMAN/GETTY IMAGES  
4. DAVID BECKER/GETTY IMAGES



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TUESDAY, AUGUST 21, 2012

mybooks

# Mike Birbiglia's make-out memories

► Read the book that inspired the movie of the same title, which comes out this Friday ► The new edition has introduction by Ira Glass

Mike Birbiglia is something of a comedic Renaissance man, dabbling in many methods to produce laughter: film, theater, stand-up, radio and a book.

His 2010 memoir, "Sleepwalk with Me: and Other Painfully True Stories," has been republished with a new foreword from Ira Glass for the wide release of his movie, "Sleepwalk with Me" (for which Glass was a co-producer and co-screenwriter).

Birbiglia shares traits with some of today's top comedians. He has Louis C.K.'s intrepid honesty, without the intense cynicism toward relationships. He has Demetri Martin's low-key personality and subtle delivery. And he has Jim Gaffigan's all-American appetite. ("I would marry pizza, but it would just be an elaborate ploy to eat her whole family at the reception," Birbiglia quips.)

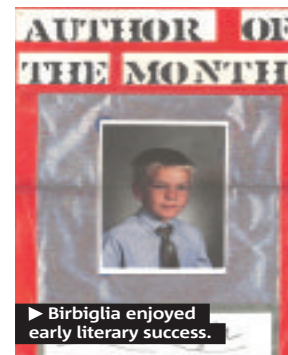
For Birbiglia fans, the book doesn't contain too much new content, and that's a blessing and a curse. Readers who are familiar with Birbiglia's two appearances on "Comedy Central Presents" and his extended special, "Mike Birbiglia: What I Should Have Said Was Nothing — Tales from My Secret Public Journal," will recognize the vast majority of his popular jokes. However, Birbiglia followers will enjoy seeing how jokes



translate from stand-up comedy performances into text, and where Birbiglia places emphases while telling them.

Although Birbiglia's style is often personal — sometimes

uncomfortably so — he gains emotional traction with his audience by exploring his familial relationships to a greater extent than he has ever done in stand-up.



► Birbiglia enjoyed early literary success.

Those unfamiliar with Birbiglia's body of work can expect depictions of awkward experiences from his childhood and adulthood that most sane people would strain to repress. What's best about Birbiglia is that he looks his audience square in the eye, and then proceeds to detail his most embarrassing memories, from his first make-out session to his infiltration of a NASCAR focus group in order to snag some free cookies.

This is what makes "Sleepwalk with Me" so appealing — it's a no-holds-barred look into the psyche of an average guy, who, through his own modest nature, is exceptionally funny.

**KILLIAN YOUNG**  
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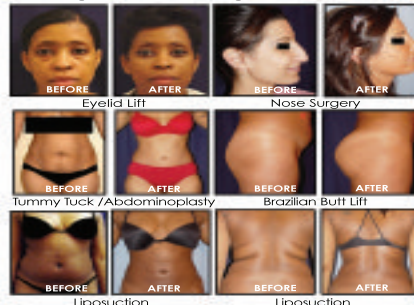
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# 'Bullet' misses the mark

With the subtlety of a storm trooper and no urgency whatsoever, "Bullet for Adolf," at New World Stages, takes its time establishing itself as a comic whodunit. Written by Woody Harrelson and Frankie Hyman, "Bullet" focuses on Zach (Brandon Coffey), Clint (David Coomber), Dago-Czech (Lee Osorio) and Frankie (Tyler Jacob Rollinson): characters writ large and played broad, reveling in their outrageousness but going nowhere fast.

Along with Shareeta (Marsha Stephanie Blake) and Jackie (Shamika Cotton), they attend Batina's (Shannon Garland) birthday party. Her father, Jurgen (Nick Wyman), shows the group a historic luger and, in a pea-soup thick German accent, explains its connection to his father and Hitler. The pistol disappears as the lights go black.

The second-act mystery — who took the gun? — grounds "Bullet" somewhat, but Clint, Jurgen and Dago-Czech continue to be cartoons. Jurgen, who earlier extolled Hitler's virtues,



► From left: Shamika Cotton, Tyler Jacob Rollinson, Marsha Stephanie Blake, Shannon Garland, Lee Osorio, Brandon Coffey, and David Coomber star in "Bullet for Adolf" at New World Stages.

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such as introducing the two-week vacation, suddenly acknowledges that "Hitler is the wrong man." Some characters start to seem like they're made of flesh and blood, but the comedy remains two-dimensional.

Throughout the play, generous use is made of video projections. Too big and too loud,

they nonetheless capture the zeitgeist of the '80s, when the play takes place. It's not a good sign that the videos have more life in them than the live play that they're supposed to support.

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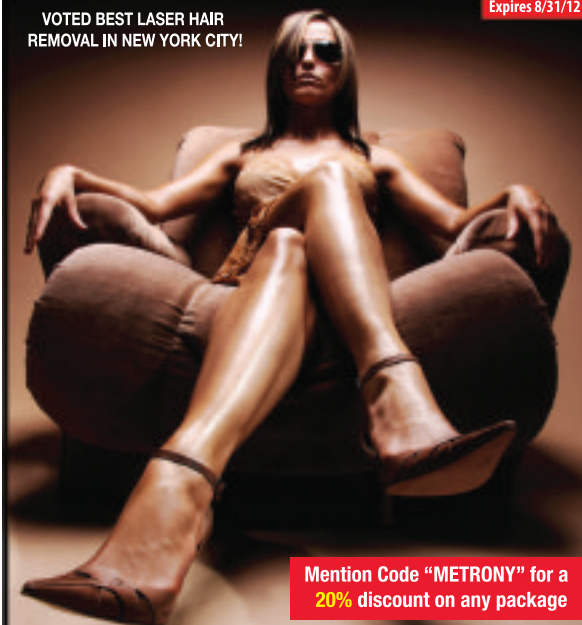
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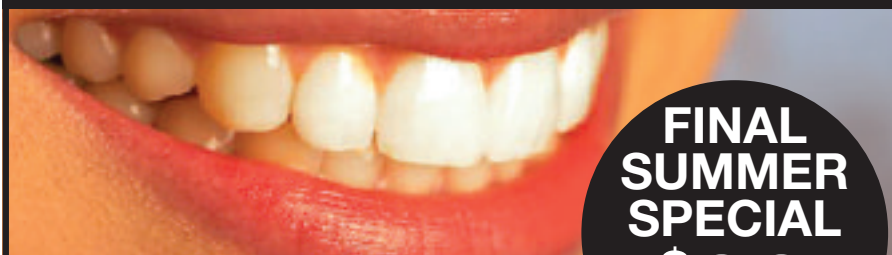
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TUESDAY, AUGUST 21, 2012

myentertainment

# JORDIN SPARKS KEEPS IT REAL

► The 'Sparkle' star and 'American Idol' champ tried to keep her expectations realistic when auditioning for her first film

Before the interview begins, something white and fluffy rushes by. "That's Minnie, she's my dog," Jordin Sparks offers apologetically. "She got into a cup of coffee, so we want to watch her real quick for a little bit. She's kind of walking sideways slightly, but she'll be fine." That's just one more thing for Sparks to keep track of, as the "American Idol" winner launches her first major foray into acting with "Sparkle," the girl-group drama that has her going toe-to-toe with Whitney Houston.

**What was your frame of mind going into the audition process as an actress for the first time?**

Before I auditioned I was thinking, "Whoever gets this part, it's going to be really special." I was reading it going, "This is great, this is really incredible." And then at the same time I was like, "Well, I haven't read very many scripts, so how do I know the difference between something that's great and something that's not?" My mind-set when I went in to audition was, "There's a very real chance that you couldn't get this part — but if you do, run with it. Just go, run with it, don't question it."

**That mind-set of "I might not get it" is pretty mature and realistic. How do you get that balance?**

If we're going to go way back, my dad played football. And I've always kind of compared everything to the sports world. Like there's always somebody who's going to be coming up who's more talented or faster or stronger or something like that. There's always going to be somebody who's waiting in the wings to take your place or sing right alongside you. So I always had that mind-set because of my dad, and I applied that to "Idol" as well.

**NED EHRBAR**

METRO WORLD NEWS IN LOS ANGELES



**Quoted**

**"I've always kind of compared everything to the sports world. Like there's always somebody who's going to be coming up who's more talented or faster or stronger or something like that."** SPARKS

**'Idol' chatter**

How do you think Mariah Carey will do as a judge on "American Idol"?

► I've listened to Mariah Carey since I was in my mother's stomach, so I am a huge fan of her and her voice and her music. I feel like Mariah started out pretty young and she's grown up in the spotlight and industry. She's had her ups and downs, she's had high-profile relationships, she's had all this stuff happen, and I think on "Idol" you have such a huge age range that she's able to hit each thing that each contestant might come up with. I'm excited to see what she does, and I'm also excited to see who else they bring in. I feel like it's been changing every year so much that now people are just used to seeing somebody new come in.

**TV watch list**

**'Face Off'**

**REALITY.** This very cool special effects make-up competition sure knows its audience, doubling up on the geek factor for tonight's premiere. "Lord of the Rings" star Sean Astin guest stars in an episode that tasks the new crop of artists with creating an alien inspired by the famous

"Star Wars" cantina scene. Season premiere, 9 p.m., Syfy

**'Do Something Awards'**

**SPECIAL.** The guys from "New Girl" honor young people making a difference in their communities, as opposed to the rest of us sitting on the couch watching

other people save the world. 9 p.m., VH1

**'Our America with Lisa Ling'**

**REALITY.** Host Lisa Ling explores — er, investigates — the lifestyle of couples who are swingers. 10 p.m., OWN  
● AMBER RAY



# When with Rome

► **Singer starts a solo career with 'Dedication,' but he says his true dedication will always be to Sublime**

What's it going to be? Rome? Rome Ramirez? Rome Without Sublime? The latter-day singer for the So-Cal ska-punk veterans just released his solo debut, the "Dedication" EP, but what to call his new band?

"How about just The Incredibly Handsome Rome," Ramirez jokes. "[People will think] 'We need to check out this incredibly handsome boy!'"

He laughs before continuing more seriously.

"I have my best friends that I've grown up with playing music on stage with me in the band," he says of his solo project, which will likely be named Rome. "It's awesome: Now I get the chance to pass the torch down to my friends. It's the most beautiful gift to be able to offer someone an opportunity."

He should know, because that's what Sublime did for him.

**"Sublime will always be my main priority. I'll do my album around that. I don't want to rush this; it will be how I want it, when I want it."**

ROME RAMIREZ

## If you go

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"They took me around the world, introduced me to amazing people and showed me great things," he says. "I had all this built-up inspiration."

Ramirez will follow with a full-length record, but for now, he and Sublime co-founder, bassist Eric Wilson, are concentrating on promoting last year's Sublime with Rome debut album, "Yours Truly."

Sublime's original drummer, Bud Gaugh, opted out after recording the album; Josh Freese (who has played with everyone from Guns N' Roses to Devo) is behind the kit for now.

"Sublime will always be my main priority," adds Ramirez. "I'll do my album around that. I don't want to rush this; it will be how I want it, when I want it. Time is on my side."



**LINDA LABAN**  
 linda.laban@metro.us



► **Lovin' is what they've got: from left, Rome Ramirez and Eric Wilson.**

## Rome won't roam too far this summer

Rome's solo songs speak to the same sunny So-Cal grooves as Sublime's, so it's no wonder he fit easily into

much-loved frontman Bradley Nowell's shoes. (Nowell died from a heroin overdose in 1996.) But the summer tour is all about Sublime: "I'd love for fans to love my music as much as

they love Sublime's, but I do really want to keep the difference between [them] when the fans come out to see Sublime. I really do want to keep it separate and draw a line."



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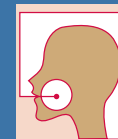
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## mystyle

## Beauty picks

A cold brew ...  
for his hair

Sure, dudes like beer and pretzels — but do they want to shampoo with them? Redken seems to think so. Its new shampoo gets rid of dirt and oil using three ingredients found in brews: malt (to condition), brewer's yeast (to strengthen) and orange zest (to purify). But don't worry about your boy smelling like the pub. The shampoo boasts a citrus scent with notes of musk and apple, which sounds like taking a stroll in the park with a stud. Just so it's clear — we're drawing the line at any kind of bacon-infused body wash.



Redken For Men  
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Nars brightens  
your day

"The best skin is skin that can reflect light," says Francois Nars, make-up artist extraordinaire. In order to help our skin glow, Nars has expanded into skincare territory with a new line of brightening, anti-aging products. (Everyone knows that when your skin looks good, your makeup looks even better.) The nine-piece line called NARSskin ranges from a Gentle Cream Cleanser (\$29) to an Optimal Brightening Concentrate serum (\$72). The collection is made with the brand's exclusive Light Reflecting Complex, along with a blend of ingredients such as Polynesian seawater and algae extract (to clarify skin and moisturize), a concentrated dose of Vitamin C (to even skin tone and repair signs of aging), Beech Bud extract (to boost collagen production) and Noni Fruit extract (to combat dull skin). ● TINA CHADHA



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# 5 Sneakers to slip you into the 1970s

► Retro sportswear-inspired styles look just as great on your day off as they do when you're hitting the gym



RICHARD PECKETT  
METRO WORLD NEWS IN LONDON



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myeducation

# Five web tools every student needs to know

► No, we're not talking about wasting time between classes ► Apps for focus, organization and research

It's back to school time, and though most of us have mastered the use of social media to enhance our personal lives, what about mastering the sites that can make us more productive instead of easily distracted? Here are the best apps, tools and websites to help streamline your school life.

**Google Docs:** Google has given you a leg up this year on that looming avalanche of paper assignments with its Google Docs

research feature. It easily allows you to search online while writing and — the best part — footnote the paper with the click of a button.

**Bookrenter:** Bookrenter.com can actually help you in both the financial and academic realms. This is one of many new sites that allows you to rent the books you need on a per-semester basis for much smaller fees than purchasing them at school bookstores.

**Trello:** For those annoying group projects, when organization is the hardest but most important part of the assignment, use Trello to keep everyone on track. The tool uses a set of boards and cards to assign tasks to specific people. All the members can be aware of what others are working on. It also lets you set priorities and due dates for each task. Trello can be accessed from your laptop, iOS device or Android device.

## Extra credit

And just for good measure, here's another study app: Evernote Peek. It turns your iPad's SmartCover into a flashcard. No more stacks of index cards needed to memorize those geometric equations. It's available for free in the App Store.

**Dropbox:** Group projects require lots of file sharing. Instead of trying to pass around flash drives, head to Dropbox. Dropbox lets you easily upload anything from video and audio files to slide presentations and access it from anywhere. It's also got a great free mobile app.

If Dropbox's upload limits get you frustrated, CloudApp has a similar concept but offers unlimited uploads for files under 250 MB.

**Rate My Professors:** The first ingredient to a great year is a good teacher, so check out Rate My Professors before scheduling classes. It works like Yelp, rating teachers on easiness, helpfulness, clarity and even their looks. Students can leave in-depth comments about their experiences in the class.

NEHA PRAKASH FOR

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► The right apps, tools and websites can help students be more successful in school.

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# New York chases Silicon Valley with Roosevelt Island campus

GETTY IMAGES



► Manhattan's Roosevelt Island will be home to the new engineering and applied science graduate school.

► The \$2 billion center being built by Cornell seeks to attract top tech talent ► Google, Facebook on board

New York City's ambitions to challenge Silicon Valley as a technology center are taking root on a narrow isle in the East River, where Cornell University is building a \$2 billion campus and startup incubator.

Manhattan's Roosevelt Island will be home to a new engineering and applied science graduate school, part of a bet that the next Apple could be born in the Big Apple. West Coast companies are already helping lay the groundwork, with Google donating office space to the project and Facebook hosting a "hackathon" to build buzz

### Quoted:

*"It inevitably develops the likelihood that we will have developed better tech talent in the city."*

ALFRED SPECTOR, VICE  
PRESIDENT OF ENGINEERING AT  
GOOGLE, ON THE NEW CAMPUS

with all-night programming binges.

"There is more interest in New York as a potential tech center than ever before," said Greg Pass, a former Twitter executive who now works for the new Cornell campus. "As the world becomes more technological, the role of engineers will be become more substantial."

The graduate school, known as CornellNYC Tech, is part of a broader push by Mayor Michael Bloomberg to make the city a global technology leader. In December, Cornell and the Technion-Israel Institute for Technology

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► Google co-founder and CEO Larry Page (left) and Cornell president David Skorton are working together for the new campus.

beat out six competing bids to build the campus, including one from Stanford University. A \$350 million donation from Cornell graduate Charles Feeney helped seal the university's victory.

The project is meant to bolster job creation in the city and generate 600 spinoff companies and \$23 billion in economic activity over the next

**"As the world becomes more technological, the role of engineers will be become more substantial."**

FORMER TWITTER EXEC GREG PASS

three decades. Until the Roosevelt Island campus opens in 2017, it will run in Manhattan's Chelsea neighborhood, in space leased rent-free from Google.

The campus will offer pilot courses this year and begin conducting master's classes in the latter part of 2013. Key to the effort is enlisting technology companies, which will

### Recruiting top talent

The Cornell campus aims to almost double the number of engineering graduate students in "leading programs" in the city, according to the New York City Economic Development Corp.

► The graduate engineering or applied science schools at Columbia University, City University in New York and the Polytechnic Institute of New York University had a total of about 2,800 students as of 2011, the mayor's office said.

give students a glimpse into their operations, Dan Huttenlocher, dean of the campus, said in an interview. Facebook, Google, eBay, Amazon and Twitter said they intend to collaborate with the campus. "You can almost name a company, and they're very excited," Huttenlocher said.

BLOOMBERG/KATHLEEN CHAYKOWSKI

### Education in brief

#### 55 percent of New York City teachers gain tenure

The New York City Department of Education said 55 percent of this

year's eligible teachers were granted tenure, compared to 97 percent in 2007.

The DOE's new approach to teacher tenure raises the bar by asking principals to provide detailed evidence to support their tenure recommendations, Schools Chancellor Dennis Walcott said in a statement.

BLOOMBERG

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► Schools Chancellor Dennis Walcott spoke about the new approach at a press conference.

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## mywellbeing

## Advice

## Tips from special needs parents

From the Parents magazine Facebook page:

► "Don't compare yourself to other people. You are the best parent for your child. That's why they picked you." **MEGAN**

► "If you don't fight for your child's rights, no one else will!"

**JAMILA**

► "I have a little girl with Down syndrome. My mother told me when she was born, 'Science has shown you what is in Maria's Petri dish. Now you look to Maria to show you who she is as a person. Let her lead the way.' Best advice ever. There are too many stereotypes out there to weigh on and hinder children who have a

"It's not really 'special needs' as much as it is a special gift. Take time to see and love your special gift." **ANNA**

'diagnosis.' I have found that most of the time, these stereotypes simply do not apply." **ANONYMOUS**

► "Mother really does know best... If you think something is wrong and they are telling you everything is fine, trust your mother's intuition!" **CINDY**  
—For more advice, go to page 23.

## Parents

Parents brings moms and dads smart, fresh advice to help you raise healthy, happy kids. Check us out at [Parents.com](http://Parents.com).

PHOTODISC



► Do a trial bus run before the real deal.

## Going back to school with special needs

► As the summer winds down, parents can help to prepare children for the upcoming changes

When it comes to making the transition from lazy summer days to the structure of school, parents of special needs kids have special concerns. But no matter the child, it all comes down to routine in September.

"The biggest thing you can do to help any child adjust to back-to-school is get them back in a routine," advises Kathy Palermo, program coordinator for the Green Tree School in Germantown, Penn., which has been serving students with emotional disabilities, autism spectrum disorders and preschool developmental delays since 1957.

"Getting to bed earlier and getting up earlier is really the big one."

Palermo suggests creating a small book of family photos for preschool-aged children with special needs to bring along to school with them. "If they start getting upset at school, they can look at it,"

she notes. Packing a familiar lunch or snack for your child and making sure all of their necessary school supplies are laid out the night before classes begin can also help smooth the way for a happy school day.

It also may help to do a practice visit. "Though the school may be closed, at least go there and take a walk around before school starts," says Palermo. "If you know the bus route, perhaps take them that way. If you can find out the schedule ahead of time, go through it with your child. Teachers will do this as well."

Last but not least, don't demand interaction as soon as your child arrives home. "Give kids time to relax when they get home," Palermo advises. "And this goes for any kid: Don't ask how was your day — ask something specific."

**FELICIA D'AMBROSIO**  
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# angel face



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# The best special needs parenting advice I ever got

► Hey moms and dads of special needs kids — what are the best words of wisdom you've received? ► We looked to Parents' Facebook page for advice from their readers ► Amazingly, not one involved vodka! ► Their tips

► "I grew up with a brother with autism, and now my daughter, who is two, has autism. My mother used to always tell us that no matter who you see, everybody is the same, but the qualities that we have separate us from others and make us each special in our own way. Thank you, mum, for that life lesson."

AMANDA

► "Celebrate every achievement, be it big or small!" RACHELE  
► "Never hold her back. I raise and treat her just like her brother. She may have a rare condition, but the rare condition doesn't have her or define who she is."

ALISON

► "We are a non-profit started by my son, who is a one-handed baseball pitcher for Greenville College. When he was an infant we frantically took him from

## Quoted

**"Be consistent! If you tell them no, then stick with it no matter how big the fit is. Children are very smart!"**

ADARA

hand doctor to hand doctor to try to figure out if anything could be done to help him gain a grip and why he was born missing a hand. The last and final doctor was at the Kleinert Hand Clinic in Louisville, KY. We came to terms with the fact that he would be one-handed forever. My husband rapid-fired, 'How will I teach him to...?' questions. Dr. Schecker replied, 'You won't have to teach him to do anything. He will teach you. He will amaze you. Don't call attention to his perceived limitations and neither will he.' SPOT ON!" NUBABILITY ATHLETICS  
► "Don't sweat the small stuff!"

ALYSSA

► "They will be as great as your expectations. Adapt for them but don't treat them any different than your other children. Also, don't forget your other children



► Take time to celebrate achievements, big and small, with your child.

and your relationship with your spouse." ADARA

► "My son has Down syndrome. I think the best advice was, have expectations, be realistic and celebrate the smallest things because they are HUGE accomplishments for him. And always remember, he is unique

and he will get there on his own time!" AMANDA

► "You are always going to have to be your child's biggest advocate and teach your child that everyone is different, so we all have to be proud of those differences because that is what makes everyone special!" CARRIE

► "Every child is a blessing. Every child is different." NICOL

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## mywellbeing

# Why family dinnertime matters

Apart from providing an opportunity to bond over a meal, sitting down in a semi-formal setting around a table and sharing discussion can prepare children for school group settings and enhance social skills.

"It provides a model for socialization during eating. It can teach children manners and they learn how to have a conversation," says Dr. Jessica Hoffman, Ph.D., an associate professor in the department of counseling and applied educational psychology at Bouve College of Health Sciences at Northeast-

ern University.

"It's an opportunity for children to expand their vocabulary and speech skills," she continues. "When children listen to parents and older siblings talk about their day, or items in the news, it helps develop language skills and to develop critical perspectives."

Having family dinners also provides parents with an additional tool to keep a check on their children's progress at school, and can be an important daily link to their children's classroom.



► Your kids can learn how to gab and increase their vocab just by breaking bread with you.

WAVEBREAK MEDIA

"Family dinnertime is an opportunity for parents to monitor what's going on in their children's lives and spot any possible academic problems," adds Dr. Hoffman. But if the

## Studies show...

- Research in The American Academy of Pediatrics found that kids who have regular family dinners experience a lower incidence of obesity.
- Columbia University's National Center on Addiction and Substance Abuse found that kids who eat family din-

ners get better grades in school and are less likely to try drugs or alcohol.

► A recent data review by Rutgers suggests that family dinners can boost produce consumption and reduce feelings of depression in teens.

**Source: *The Kids Cook Monday*, whose toolkit for family dinner planning is available online at [www.thekidscookmonday.org](http://www.thekidscookmonday.org)**

matter is a personal one, it's best to discuss it in private. "Conversation should always be kept in a family context and be sensitive to who is there. Explosive topics should be kept for one-on-one situations," she says.

Putting family dinners on the schedule also provides structure for you and your family. But be realistic — it's OK if schedules don't allow for togetherness every night.

"It doesn't have to be all-or-nothing," advises Dr. Hoffman. "Do it as often as you can without stressing — but the more dinners you share, the better."

**LINDA CLARKE**  
letters@metro.us

## Hamburger helpers

Dr. Hoffman advises getting children involved in preparing a meal, too. "There are so many skills that cooking helps improve. There's math involved in measuring and fractions. You're dividing for recipes and calculating amounts. There's reading and learning how to follow directions. There's sequencing and coordination. Plus, kids are more likely to eat what they have helped cook."



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## Letters

letters@metro.us

## Obamacare not what you think it is

RE: "UNDER OBAMACARE, ELDERLY WILL SUFFER" (METRO, AUG. 20) If Mr. Sangenario wants to talk simply, he should stick to some facts rather than venturing off into fantasy fear-mongering.

President Obama's plan is to cut waste and fraud from Medicare. Paying subsidies to insurance companies who then spend less than 35 percent of that money on health care is what some people call waste. Using Medicare funds for health-related expenditures only is what Obama calls cutting fraud. What are people in favor of if they are against this?

Obamacare, or the Affordable Care Act, does not simply "cover" more people with tax dollars. The ACA brings in more people to the group of

us who pay our fair share and cover our families with health insurance through private health insurance companies. Let's put fantasy aside and READ.

SCOTT KEELEY, VIA E-MAIL

## Akin has a hole where his heart, brain should be

Todd Akin's comments concerning "legitimate rape" prove the conservative attitude towards women's issues: They simply don't care about them! An estimated 30,000 women a year become pregnant by rape in this country. Abortion should be legal on that fact alone. Wealthy people aren't concerned if Roe vs. Wade is overturned or augmented. They would sim-

ply fly their loved ones to Canada and have the procedure there. Romney, Ryan and Obama can easily afford this for their daughters. Can you?

RICH BRITTLE, BOSTON

## Gay rights sides not made equal

There's an important distinction that is not being made in this whole gay marriage/Chick-fil-A argument. If the pro-gay argument prevails, anti-gay people can and will continue with their lives unchanged and unaffected. If the anti-gay argument prevails, they will in fact be imposing their moral value judgments on the rest of us, with the full force of law behind them. They will effectively be condemning us to the

legally-sanctioned status of second-class citizens. We pro-gay people would never dream of doing that to them. So, let's not pretend that the two sides are arguing from an equal footing, or with any degree of equality or respect.

GARY DAY, PHILADELPHIA

## Done anything for your country lately?

What's the difference between Republicans and how many Democrats think? Here is the difference: When a Republican and a Democrat go out to lunch together, the Republican picks up the bill. The Democrat expects a free lunch and then questions if the Republican left a good tip for the waiter. Free food, free health care, free housing — is there no end?

President Kennedy said "ask not what your country can do for you but what you can do for your country"! What happened? This is not the Democratic Party he would be proud of.

JOHN MCCLAUGHLIN, VIA E-MAIL

## Horoscope

♌ Leo **July 23-Aug. 22.** Chores assigned to you won't be as burdensome as you might suppose. A little positive thinking on your behalf could considerably brighten your outlook.

♍ Virgo **Aug. 23-Sept. 22.** There is much more to life than merely its material aspects. If you allow yourself to dwell on what you don't have, chances are you'll miss out on the finer things available to you.

♎ Libra **Sept. 23-Oct. 23.** Doing things others think are much too difficult to manage will provide you with enormous gratification. You won't retreat just because of some challenging developments.

♏ Scorpio **Oct. 24-Nov. 22.** Make plans to get out with some of your friends and keep yourself busy. If you become too introspective or totally withdrawn, there's a good chance that depression will set in.

♐ Sagittarius **Nov. 23-Dec. 21.** Be hopeful and positive, but also realistic — especially if you're involved in some type of new endeavor. You can't be too conservative when making projections.

♑ Capricorn **Dec. 22-Jan. 19.** You must not slack off, no matter how many difficult obstacles confront you in your pursuit of an important

objective. Victory is achievable when you're tenacious.

♒ Aquarius **Jan. 20-Feb. 19.** Being too stiff-necked or uncompromising will severely limit your opportunities. Keep an open mind.

♓ Pisces **Feb. 20-March 20.** Be exceptionally careful about volunteering to do something for another. There's a strong possibility that you could be getting in way over your head.

♈ Aries **March 21-April 19.** It's a waste of time to attempt to win the support of someone who diametrically opposes your position. Work around this individual and seek out your allies elsewhere.

♉ Taurus **April 20-May 20.** "A day's work for a day's pay" is the motto that you should be most aware of. There aren't any free rides coming your way, but hard work will pay off well.

♊ Gemini **May 21-June 20.** Because you like people so much, usually you do your very best to maintain a harmonious relationship with everybody. Today, you might have to deal with someone you're not ready to forgive.

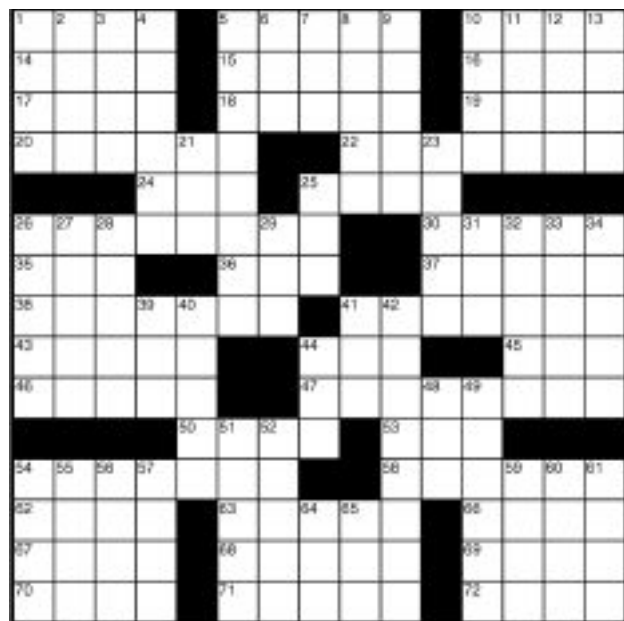
♋ Cancer **June 21-July 22.** Faulty methods or procedures will thwart you in your quest for accomplishment. The reason will be obvious to everybody, but you're unlikely to take any advice. **BERNICE BEDE OSOL**

## Across

- 1 Popular salad  
5 Boat fronts  
10 Cry of surprise  
14 Little chirper  
15 Woodworking tool  
16 Footnote abbr. (2 wds.)  
17 Ms. Dinesen  
18 Free  
19 Break the news  
20 City near Vesuvius  
22 Steppe  
24 Pause fillers  
25 Furtive whisper  
26 Devise  
30 Strides along  
35 Color  
36 Academic stat.  
37 Give a home to  
38 Naval officers  
41 Lack  
43 Role seeker  
44 University of Utah athlete  
45 Web suffix  
46 "Goodfellas" Oscar winner  
47 Tennis gear  
50 Mend a heel  
53 Purview  
54 Likes instantly (2 wds.)  
58 Most unusual  
62 \_\_\_ dunk  
63 Synthetic fabric  
66 Potpourri  
67 \_\_\_ spumante  
68 Habituate  
69 Isn't capable  
70 Tooth part  
71 Invited  
72 Patella site

## Down

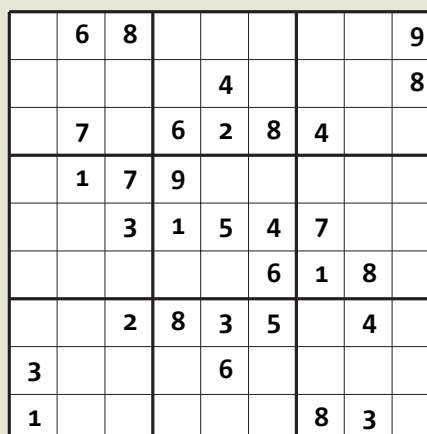
- 1 Bed size  
2 Bear in the sky



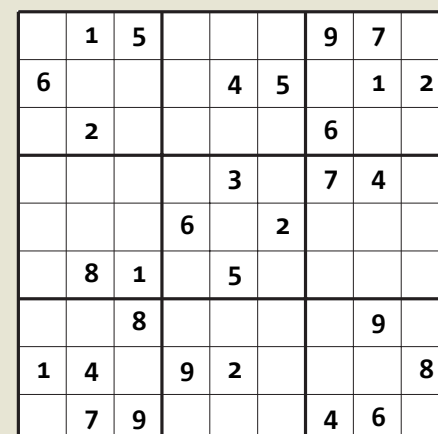
- 3 Lowest high tide  
4 Short sock  
5 Math symbol (2 wds.)  
6 Oversaw  
7 Slugger Mel \_\_\_  
8 Makes meringue  
9 Psychics  
10 Sasquatch kin  
11 Route for Ben-Hur  
12 Sanskrit dialect  
13 High-fashion mag  
21 Be off-base  
23 Reference book  
25 Kiddie's ammo

- 26 Of poor quality  
27 Pint fraction  
28 Twig-and-mud homes  
29 CEO aides  
31 Type of poem  
32 Puerto Rican port  
33 Disney site  
34 Wineglass parts  
39 Summer Games org.  
40 Power systems  
41 \_\_\_ loss  
42 Summoned  
44 40-cup brewer

- 48 Proof ender  
49 Leave the space station  
51 Courtyards  
52 Dappled horses  
54 Romanov title  
55 In addition  
56 Green Hornet's valet  
57 Throw off heat  
59 Zeal  
60 Trig function  
61 Carryall  
64 Hearty laugh  
65 Sourdough's strike



## SUDOKU LEVEL: EASY



## SUDOKU LEVEL: HARD

## Solution to yesterday's crossword



**How to play Sudoku:** Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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## destinations

PAT HEALY/METRO

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► If you're not afraid to put 1,000 miles on your car, Quebec offers an across-the-pond experience where you don't even have to leave the continent

RANCIS VACHON



► The Image Mill is a movie installation project shown on grain silos in Quebec City, like the biggest drive-in you've ever been to.

Summer can get away from you if you're not careful. If you have some PTO left and haven't booked a plane ticket yet, a roadtrip to Quebec can be the perfect getaway. Visiting the nation to our north is like a European vacation without that pesky flight across the pond.

## Montreal

Montreal could be the most vibrant, least intimidating city in North America. And it's all in how it's mixed. Residential areas sit in streets just behind main thoroughfares, and mainstream shops sit on the same blocks as secondhand stores, start-up art galleries and decadent nightlife destinations. For these reasons there's no such thing as a "bad area." The city is in love with art and its artists and constantly hosts citywide festivals. From now through September, 15 different festivals are scheduled, celebrating such diverse interests as literature, tattoos and pop music.

**To see and stay:** Though the Old Montreal neighborhood houses more touristy shops than the newer part of the city, the decor of the area is faithful to its heritage and allows for the flourishing of architecture that

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dates back to the 1600s. Experience this history by staying at **Le Petit Hotel** ([www.petithotel-montreal.com](http://www.petithotel-montreal.com)), a cozy 24-room boutique hotel housed in a 19th century building. It's just blocks away from a gorgeous testimony to Gothic Revival architecture, the **Notre-Dame Basilica**, built in the 1820s.

**To do and eat:** The best way to get around the city and see as much as possible is to use Montreal's enviably comprehensive **Bixi** system. With bicycles set up in 411 different locations around the city, you're able to rent a bike for a half-hour at a time to check out all the shops on the hill. Plus, the city is so bike-friendly in its road design that you can feel relatively safe zooming down St. Urbain. There are too many top-notch restaurants to thoroughly examine here, but we highly recommend **Cafe Du Nouveau Monde** ([www.tnm.qc.ca](http://www.tnm.qc.ca)) and **Nora Gray** ([www.noragray.com](http://www.noragray.com)).

#### Quebec City

**To see:** If you visit Quebec City before the beginning of September, you'll have a chance to experience the outdoor cinematic art installation known as the **Image Mill**. Industrial grain

#### If you go

- ▶ Miles from NYC to Montreal: 370
- ▶ Miles from Montreal to Mont Tremblant: 90
- ▶ Miles from Mont Tremblant to Quebec City: 233
- ▶ Miles from Quebec City to NYC: 516
- ▶ Total miles you'll put on your car making the trip: 1,209

silos become an enormous movie screen (98 feet high and 1,968 feet wide!). The hour-long multimedia presentation abstractly details the history of the region, something its people are well-versed in. The film is even more rewarding if you learn in advance the intriguing details about why the people in this region speak French but have the Queen's face on their currency. The Image Mill is free, as is the city's **Cirque du Soleil** show, "**Les Chemins Invisibles**," which is staged beneath a highway overpass.

Another indisputable part of Quebec City's charm is its location on the St. Lawrence River. To fully appreciate the view, hop aboard any of the boats

available from **Croisieres AML** ([www.croisieresaml.com/en](http://www.croisieresaml.com/en)).

The hour-and-a-half option provides amazing glimpses of the iconic **Chateau Frontenac** and **Montmorency Falls**, which at 275 feet high are almost 100 feet higher than Niagara Falls.

**To eat:** Quebec City has hundreds of restaurants in its Upper Town and Lower Town areas, most of which offer outdoor dining for maximum people-watching and maximum European feel as you sip by the cobblestone streets. However, a restaurant called **Le Cercle** ([www.le-cercle.ca](http://www.le-cercle.ca)) in the city's Saint-Roch district is worth a trip off the beaten path. Antique lightbulbs dangle from the ceiling and artsy films are projected on the wall, but the arts it truly excels at are the sommelier and culinary arts. Entrust your tastebuds to the experts and order La Mania; the cooks deliver a multi-course meal based on what's in season, and the bar staff perfectly pair drinks with it. After your meal, head next door to Le Cercle's adjoining music venue to take in local and touring talent.



**PAT HEALY**  
[pat.healy@metro.us](mailto:pat.healy@metro.us)



▶ Scandinave Spa features pools for body-warming, beneficial cold rinses and a relaxation period.

## Delightful detour: Mont Tremblant

Mont Tremblant is a bit of a detour between Montreal and Quebec City, but it's worth it just to experience the magical relaxation available at the **Scandinave Spa** ([www.scandinave.com/en/](http://www.scandinave.com/en/))

tremblant). It's not just the massages that make a trip here a must after hiking up the mountain or riding the **ziplines** ([www.tremblantactivities.com](http://www.tremblantactivities.com)). What makes this spa so special is its prescribed hot/cold/cool down program. You spend 15 minutes in a steam room or hot tub, dip in a colder pool or the nearby lake quickly and then chill out in one of the

ultra-comfortable double-hammocks hanging between the trees. The village at Mont Tremblant may feel like it was made by the same people who brought you the Christmas Tree Shop, but you'll forget that as soon as the food arrives at **Aux Truffes** ([www.auxtruffes.com](http://www.auxtruffes.com)). We recommend the pan-seared scallops or the Quebec Boileau's red deer fillet.

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# Jets offense not worried



GETTY IMAGES

► The Jets are having trouble adapting to new offensive coordinator Tony Sparano's system.

- No panic despite lack of scoring
- Missing playmakers not helping

After eight quarters and over 100 plays from scrimmage, the Jets have yet to reach the end zone. Despite what is beginning to look like a dominant defense, the inability to move the ball, let alone score touchdowns, is worrisome.

But panic time for the Jets? Nah.

"Obviously you want to score, but it's still a long journey through preseason and there's still plenty of time to panic later. That's what we're trying to do and focus on getting better," center Nick Mangold said yesterday. "We're going to go out there and strive to get better. That's where we need to be."

The Jets have been without their three best receivers, with Santonio Holmes, Chaz

Schillens and Jeremy Kerley all having missed the first two preseason games due to injury. The lack of playmakers on offense showed, with the Jets relying on unproven targets.

It also didn't help that Sanchez, when the Jets were driving in the second quarter, threw a ball to Patrick Turner that turned into a pick six.

"Can I make that throw 100 out of 100 times? Absolutely. Was it a bad read? No way. Great read, just put it out in front of him," Sanchez said. "I've done it 100 times. It has to happen in the game. It just shows you how fragile it is."



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## New York Jets football

### Woody: Jets should stick with Hunter

In Week 15 of the 2010 NFL season, Wayne Hunter stepped into the starting line-up for the Jets to replace injured right tackle Damien Woody. It was a seamless transition at the time for Hunter, who had only two other starts in his seven-year career.

His performance to close out the season and in the playoffs earned him a long-term contract last summer.

It has been all downhill since then.

Hunter was the weakest link on the offensive line last year — constantly beaten and targeted by the opposing team's pass rush. For Woody, it is a confidence issue that translated to Hunter giving up three sacks in Saturday night's preseason loss to the Giants.

"A lot of times what happens — you have a bad play and it's a snowball effect. It's like 'Oh man.' Offensive line is almost like a cornerback," Woody told Metro. "When you have a bad play as a cor-



WESLEY HITT/GETTY IMAGES

► Woody manned the right tackle position for three seasons and 45 games for the Jets.

11

**In addition to the 8.5 sacks Wayne Hunter allowed last season, he also committed 11 penalties, seven of which were for false starts.**

nerback, you have to put it behind you. There's nothing you can do about it, you have to move on. It's something you definitely have to do."

Performances like the dud against the Giants aren't supposed to happen anymore with Hunter. The Jets spoke

all offseason about his improvement.

"He's one of the most athletic linemen in the league. I've seen it myself when I was playing with the Jets," Woody said. "The one thing I always told Wayne was to trust his athletic ability. He's a big, tall, strong guy with great feet. Trust it."

"Wayne wishes he could have done better; there's no question about it. His performance last night — people see the same old stuff happening right now. It's still the preseason and I'm not going too caught up in it and other people shouldn't."

● METRO/KD



# Nicks back on the field

The Giants officially returned to the cozy confines of the Timex Center in East Rutherford, N.J., and with them came the pleasant surprise of a familiar face on the practice field — wideout Hakeem Nicks.

The four-year veteran was more than anxious to get back on the field, participating in roughly 50 percent of yesterday's team drills.

"Big day, going out there and practicing," said Nicks. "I did a little bit of stuff last week individually, but that's all they would let me do. Today, I got to do some reps with the team."

Nicks, who broke his foot in May, said all along he was confident he'd make it back to work long before the Sept. 5 opener against the Cowboys. Nicks's initial goal of making his return for the preseason opener always seemed like wishful thinking, as the Giants' doctors and head coach Tom Coughlin said they wanted to take his re-



▶ Nicks has 24 touchdowns over the past three years, tied with Ahmad Bradshaw for most on the team's roster.

covery slowly.

As the Giants prepare for Friday night's tilt against the Bears in the third preseason game — known as the "dress rehearsal" game when teams

play their starters well into the third quarter — Nicks said he'll leave it up to the doctors and coaches on whether he participates.

"I don't know. They'll see

how it goes this week in practice, and then [maybe] let me go out this Friday," said Nicks. "But I think it's going to be based on the team doctors and coach's decision. ... I'm all for whatever they decide. I know they'll decide whatever is best for me."

After joking about having "fresh legs" from being out while his brethren sweated through camp and two preseason games, Nicks noted the toughest part of the injury was the mental part.

"My mind was saying, 'Take it easy,' but at the same time I still wanted to be ahead of the pace to make it back for the first [regular season] game," he said. "The mindset is to not have any setbacks, progress and get back into the shape that I would like to be in when it comes time."



TONY WILLIAMS  
sports@metro.us

## Sports in brief



### Clemens to play for independent team

**BASEBALL.** He beat a steroid rap and apparently thinks he still can beat professional baseball players, too.

Roger Clemens, 50, has signed with the Sugar Land Skeeters of the Atlantic League and plans to pitch for them this weekend. The Houston-area team also has Scott Kazmir on its roster.

Clemens hasn't pitched in the majors since 2007 for the Yankees when he famously announced his return from the press box

during a game. He went just 6-6 with a 4.18 ERA in 17 starts.

Clemens will be up for the Hall of Fame this year, and since the Skeeters play in independent ball, he'll still be eligible.

### Locker, Tannehill named starters

**NFL.** As training camps begin to wind down, QB battles are starting to shake out.

Two teams officially ended their battles yesterday as the Titans announced second-year signal caller



Jake Locker will start Week 1. Meanwhile, in the AFC East, the Dolphins announced rookie Ryan Tannehill will be their opening week starter. Both players were the No. 8 overall pick in their respective draft classes. ● **METRO**

## Medical Research

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PI: Dan Iosifescu, GCO 06-0945, MSSM IRB Approved until 1/29/13



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# Frequent BATHROOM TRIPS? Bell Ezee Flow Herbal Tea #4a

■ **Men** Natural nutritional support for urinary ease & comfort. Relief within 3-5 days from dribbling, discomfort, urgency, poor flow. Instead of getting up many times most need to get up only once or not at all each night. For many years a favorite for mature men. Good sleep helps to have more energy all next day. Also blood flows more easily where it counts for better sex life. Thousands of satisfied repeat customers. No side effects. We have literally hundreds of testimonials.

■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. *Howard Toy, 69, Henderson, NV* ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. *Angus Pike, Oshawa, ON* ■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. *Clarence A. Rehrig, 58, Allentown, PA* ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. *Thomas M. Thurston, Forsyth, GA* ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



## Blood Pressure Formulation

**Dr. C. Hammoud M.H., PhD**, recommends this natural, effective fish peptide product to nutritionally support the body's normal blood pressure function. \*A science-backed herbal phytonutrient. Promotes flexible, relaxed blood vessels in healthy persons. \*A one-of-a-kind formula that offers unprecedented nutritional support for your overall health and well-being. \*We have thousands of repeat customers. Blood pressure is a focal point of cardiovascular wellness. \*Achieve your balance and maintain your balance and a healthy range.

■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. *Irene Surridge, 67, Owen Sound, ON* ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY* **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

■ **AVAILABLE IN MANHATTAN:** New Life Nutritional Centre 714 W. 181 St. Cash Rx Plus 746 10th Ave. @ W 51st St Cordette Drugs 55 W 39th St @ 6th Ave. Cross County Pharmacy 1514 Madison Ave. @ 103rd Food For Health 1653 3rd Ave. New London Pharmacy 246 8th Ave @ 23rd St. A Matter of Health 1478 1st Ave. @ E 77th St. Ajanta Pharmacy 2718 8th Ave. @ 145th St Arrow Pharmacy 883 9th Ave. @ 57th St. Blake Pharmacy 1868 3rd Ave. @ 103rd St. Bliss Pharmacy 1590 Madison Ave. @ 107th St. C & C Nutrition 561 W 179th St. @ St. Nicholas Ave. Dile Punab Deli 170 9th ave @ 20th @ 21st St. Harlem RX Pharmacy 102W. 116TH St. Health IS Wealth 184 7th Ave. Earth Matters 177 Ludlow St. @ Houston St Elm Health 1695 1st Ave. @ E 88th St. Metro Drugs 7 West 14th St. near 5th Ave. Metro Drugs 931 Lexington Ave. @ 68th St. #92 Pharmacy 1938 2nd Ave @ E. 100th St. VLV Med Pharmacy 4085 Broadway St. Earth Matters 177 Ludlow St. @ Houston St. Gary Null's Uptown Whole Foods 2421 Broadway St. Health Harvest 820 2nd Ave. Natural Green Market 162 3rd Ave. Pro Health Pharmacy 385 2nd Ave. Pro Health Pharmacy 370 Lexington Ave.

■ **AVAILABLE IN ALL BOROUGHES OF NEW YORK CITY CALL US FOR FUTHER INFORMATION:**



In other towns try your local health food stores first. If they don't have it and don't want to order it for you, order on our website or call us with Visa or Mastercard. S & H \$9.95.

**Bell uses the power of nature to help put life back into your lifestyle**

**www.BellLifestyle.com 1-800-333-7995**

# CLEAR SKIN

**Dr. C. Hammoud, Master Herbalist, PhD**, guarantees satisfaction. Helps to maintain healthy skin from the inside simply by cleansing the blood, instead of attacking the skin from the outside with creams or washes. \* This makes sense. Usually you can see how it benefits your skin within days. \* Many people wrote they were surprised how fast it worked. Lots of testimonials from pleased users on our Bell website. There is absolutely no risk for trying Dr. Hammoud's product.

■ **Last couple of years I tried everything.** Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. *Nelisa Royer, 28, Doral, FL* ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. *Christopher Seraphin, 14, Brooklyn, NY* ■ **It #60 worked.** I no longer have to hide at home, because I was ashamed to be seen. *Agnes Casillas, 60, New York, NY* ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. *Yvette Maclean, 40, Lodi, CA* ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. *Eulalia Isabel Sanchez Martin, 30, Brampton, ON* **Skeptics can call everybody. All are real people like you or your friends.**



## SNORING?

**As recommended by Dr. Gifford-Jones M. D.**

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

#23

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anele E. Heiges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI* **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**